

MIC* PERCUTANEOUS ENDOSCOPIC GASTROSTOMY (PEG) FEEDING TUBE PATIENT INFORMATION LEAFLET

What is in this leaflet?

This leaflet will answer some questions about the MIC* Percutaneous Endoscopic Gastrostomy Feeding Tube (MIC* PEG tube). It does not contain all available information about these products, and it does not take the place of talking to your healthcare professional. Your healthcare professional has more information and can answer any questions you may have. Follow your healthcare professional's advice even if it differs from what is contained within this leaflet.

Product Codes:

MIC* Percutaneous Endoscopic Gastrostomy Feeding Tube with Non-ENFit® Connectors:

0630-14, 0630-20, 0630-24, 0640-14, 0640-20, 0640-24, 0644-14, 0644-20, 0644-24

MIC* Percutaneous Endoscopic Gastrostomy Feeding Tube with ENFit® Connectors:

8630-14, 8630-20, 8630-24, 8644-14, 8644-20, 8644-24, 9640-14, 9640-20, 9640-24

What is the MIC* Percutaneous Endoscopic Gastrostomy Feeding Tube?

The MIC* PEG tube is a feeding tube that goes into your stomach through an opening in your abdominal wall, known as a "stoma." There is a bumper on the tube which sits on the inside of your stomach. There is also an adjustable disc on the tube which sits outside of the abdominal wall close to your skin. Both the internal bumper and the external disc help to keep

your feeding tube in place and prevent it from falling out. The tube is available in multiple sizes to make sure it can meet your needs.

The MIC* PEG tube is made of silicone that is safe for use in humans. The tube also contains a stripe down the side so that it is visible on x-ray.

What is a MIC* Percutaneous Endoscopic Gastrostomy Feeding Tube used for?

The MIC* PEG tube is intended to be used in a person who cannot take in adequate nutrition orally. This tube can be used to deliver prescribed food, medicine, and water that your body requires directly into your stomach. It also allows for gas in the stomach to be released.

How do you use a MIC* Percutaneous Endoscopic Gastrostomy Feeding Tube after it has been placed?

Always wash your hands with warm soapy water before touching your tube.



Fig. 1

MIC* Percutaneous Endoscopic Gastrostomy Feeding Tube (product codes 8630-XX, 8644-XX, 9640-XX)



Fig. 2

MIC* Percutaneous Endoscopic Gastrostomy Feeding Port Adapter (product code 8135-xx)

Flushing: The tube should be flushed every 4-6 hours while it is being used for feeding, anytime feeding is stopped, at least every 8 hours if the tube is not being used, or according to your healthcare professional's instructions. The tube should be flushed before and after giving medicine. To flush, use a 30-60 ml syringe with room temperature water or sterile water where municipal water supplies is of concern. Do not use acidic juices or sodas to flush. Do not use excessive force to flush, as this can damage the tube and cause injury.

Feeding: Open the cap to the main port (Figure 1) and connect the feed set to the tube. Deliver nutrition according to your healthcare professional's instructions. Make sure not to over-tighten the connection to the tube and ensure any clamps on the feed set are opened before starting to feed.

Medication Delivery: Use liquid medication if possible. If your pharmacist says it's safe, crush solid medication to a fine powder and dissolve in warm water before putting it through the side port of the MIC* PEG tube (Figure 1). Follow your pharmacist's instructions. Do not mix medication with formula. Always remember to flush your tube with water before, between, and after medication administration. The amount of water that you flush with will be determined by your healthcare professional.

Gastric Decompression: Your healthcare professional may instruct you to decompress (release air or food from the stomach) before or after feedings. This decompression helps to decrease discomfort by relieving pressure in the stomach. Your healthcare professional will provide you with instructions on how to manage this process.

How do you take care of your MIC* Percutaneous Endoscopic Gastrostomy Feeding Tube after it has been placed?

Tube Care: Follow your healthcare professional's instructions. Check the MIC* PEG tube daily for any signs of damage or clogging. Clean the connection ports and external components of the tube with a cotton-tipped applicator or soft cloth to remove all residual formula and medication.

Check the stoma site daily for any signs of infection such as redness, irritation, swelling, tenderness, rashes or discharge. The stoma site and tube should be cleaned daily using warm water and mild soap. Make sure to keep the tube and skin around the stoma clean and dry. Do not use mineral oil or petroleum-based products. Be careful not to pull the tube too much. The tube should be turned 360° plus ¼ turn daily.

Clogging: If the tube becomes clogged, check to make sure the tube is not bent or clamped shut. If you can see the clog outside the stomach, gently massage the tube with your fingers to try to break up the clog. Gently apply mild alternating suction and pressure using a syringe of warm water to dislodge the clog. If the clog cannot be removed, do not use force, and call your healthcare professional.

How long does a MIC* Percutaneous Endoscopic Gastrostomy Feeding Tube last?

MIC* PEG Tubes will last at least 3 months with proper care.

The MIC* PEG feeding port adapter (Figure 2) can be replaced if it is broken. Talk to your healthcare professional for more information.

Is the MIC* Percutaneous Endoscopic Gastrostomy Feeding Tube MRI compatible?

MIC* PEG Tubes can be safely worn while getting an MRI. There is no risk of electric or magnetic field interference.

What are possible side effects of having a MIC* Percutaneous Endoscopic Gastrostomy Feeding Tube?

Side effects may include skin irritation or infection, ulcers, sores, or gastrointestinal leakage. Contact your healthcare professional if you experience stomach pain or discomfort, dizziness or fainting, unexplained fever, or an unusual amount of bleeding or leakage through or around the tube.

There could be leakage of gastric content around the tube. The tube could become blocked or clogged if it is not properly flushed and cared for before and after feedings.

How do you report adverse events?

Report any adverse events you believe are related to use of the MIC* Percutaneous Endoscopic Gastrostomy Feeding Tube to:

- Your physician for a correct clinical assessment or Avanos Medical by contacting Customer Service
P: 1800 101 021
E: customerservice.ANZ@avanos.com
- Therapeutic Goods Administration at <http://www.tga.gov.au/> using the "Report a Problem" or "Adverse Event" links.